GTPAL :: It is a Method of Prenatal Assessment or Obstetrics History.

<table>
<thead>
<tr>
<th>G - Gravida</th>
<th>(इसमें Total Number of Pregnancy को देखते हैं)</th>
</tr>
</thead>
<tbody>
<tr>
<td>T - Term Birth</td>
<td>(Term Delivery 38 Week या इसके बाद)</td>
</tr>
<tr>
<td>P - Preterm</td>
<td>(Viability 28 Week से लेकर 38 week से पहले)</td>
</tr>
<tr>
<td>A - Abortions</td>
<td></td>
</tr>
<tr>
<td>L - Living Children</td>
<td></td>
</tr>
</tbody>
</table>

Q.1 A Pregnant woman comes for her first antepartum visit. She has a 2 year old son born at 40 weeks, A 5 year old daughter born at 38 weeks, and 7 year old twin daughters born at 35 weeks. she had spontaneous abortion 3 years ago at 10 weeks. using the GTPAL, what does the Nurse document about the client's obstetric history ?

1. G4 T3 P2 A1 L4
2. G5 T2 P2 A1 L4
3. G5 T2 P1 A1 L4
4. G4 T3 P1 A1 L4

Answer - 3 [ G5 T2 P1 A1 L4 ]

- इसमें 5 Pregnancy दिखाई गई हैं (जिसमें 1<sup>st</sup> Pregnancy 2 year son के बाद, 2<sup>nd</sup> Pregnancy 5 year daughter के बाद, 3<sup>rd</sup> Pregnancy 7 year old twin daughters के बाद, 4<sup>th</sup> Pregnancy Abortion के बाद और Last 5<sup>th</sup> Pregnancy at Present time ) Note - Twins हमेशा एक ही Pregnancy में count होते हैं ।

- और इसमें 2 Term Birth हैं, Twins की एक ही Pregnancy थी जो Preterm में count है, एक abortion और 4 Living children.
Q.2 Shruti is experiencing her fourth Pregnancy. Her first pregnancy ended in a spontaneous abortion at 8 weeks. 2nd live birth of One boy at 38 weeks and 3rd Live Birth of a Daughter at 34 weeks...

1. G5 T2 P2 A1 L3
2. G4 T1 P1 A1 L2
3. G5 T2 P1 A1 L4
4. G4 T2 P1 A1 L3

Answer - 2 (G4 T1 P1 A1 L2)

Q.3 A Pregnant woman comes to the clinic for a visit. this is third pregnancy, she had a miscarriage at 12 weeks and on 32 weeks she gave birth a son who is 3 year old now. Using GTPAL system the Nurse would Document this woman obstetric History...

1. G3 T1 P2 A1 L2
2. G4 T0 P1 A1 L1
3. G3 T0 P1 A1 L2
4. G3 T0 P1 A1 L1

Answer - 4 (G3 T0 P1 A1 L1)